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[ADHD Kids are Tough on Marriages](#)

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Psychologists William Pelham Jr. and Brian Wymbs of the State University of New York-Buffalo recently released a study on the impact of a child with ADHD on a marriage. Their study reveals that 23% of parents had divorced by their ADHD child's eighth birthday compared to 13% of similar parents who did not have a child with the disorder. The study tracked divorces among 282 families. The children ranged from 11 to 28 years old at the time of the follow-up. The study was published in the October *[Journal of Consulting and Clinical Psychology](#)*.

In our practice we see families with ADHD children all the time. It never occurred to me that ADHD might be a significant factor in the longevity of the marriage but it retrospect it really should surprise me. ADHD kids are tough to manage and require a great deal of attention. Marriage is hard enough and a kid with any any sort of special need makes it even harder. A real benefit of the is study is to make parents aware of the impact of this child related stress and encourage them to stay focused on their relationship with one another.