

# 2008 Faculty & Staff Awards

**THE STOCKTON KIMBALL AWARD** honors a faculty member whose academic accomplishments at UB have garnered him or her worldwide recognition as a researcher. Stockton Kimball, MD '29, was the dean of the UB School of Medicine from 1946 to 1958, and his contributions to the training of physicians in Buffalo spanned more than a quarter of a century.

**THIS YEAR'S RECIPIENT** of the award is **William E. Pelham Jr. PhD**, Distinguished Professor and professor of psychology, pediatrics and psychiatry, whose research focuses on treatment and control of attention-deficit/hyperactivity disorder (ADHD).

The award was announced by Suzanne Laychock, PhD, senior associate dean for research and biomedical education, at the annual faculty meeting on June 11, 2008.



William E. Pelham Jr.

Pelham published his first research study in 1976 and has authored a prodigious number of scholarly articles since that time. Recently, the *Journal of Clinical Psychology* rated him in the top 10 of 1,900 researchers for his outstanding publication record in peer-reviewed journals.

In addition, the media—both national and international—have routinely reported on Pelham's innovative behavior-modification and pharmacological approaches to treatment of ADHD.

"Bill's team approaches the problems of ADHD in broad strokes, dealing not only with the treatment paradigms but also with other issues affecting society, such as the economic impact of the health problem and the role of diet in behavior," said Laychock at the time the award was presented. "One of his important early studies, in 1985, dealt with the dose-related effects of methylphenidate on classroom academic and social behavior of children with ADHD. His seminal work explored the need to adjust doses of psychostimulants in ADHD children using standard and sustained-release forms of stimulants, and to understand the comparative effects of methylphenidate on girls and boys with ADHD."

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In 1989, Pelham published his concept of behavior therapy, behavioral assessment and psychostimulant therapy as an interactive approach to management of the disorder. In 1992, he published an examination of the dosage effects of drug treatment and behavior therapy on classroom and social performance.

"Bill has continued to stress the importance of predicting and individualizing responses to Ritalin by children and adolescents with ADHD," noted Laychock. "The examination of the advantages and disadvantages of drug versus behavioral therapy has characterized much of his career and is what has had an immense impact on the clinical approaches to treatment of the disorder."

In the mid-1990s, through his innovative summer treatment program, Pelham explored the need for intensive psychosocial treatment for ADHD and subsequently published a manual for others to emulate his approach. The summer research and treatment programs continue to the present day with support from the John R. Oishei Foundation. More recently, Pelham has championed the need for school-wide interventions in the public health approach to mental health.

Throughout his career, Pelham has received high levels of research-support funding. His lifetime grant funding totals \$49.9 million. Currently, he is principal investigator or coprincipal investigator on \$17.5 million in funding, much of which is from the National Institutes of Health (NIH).

In recognition of Pelham's outstanding work, he received the SUNY Research Foundation Chancellor's

Research Recognition Award in 2005. The organization Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD) recognized him with its Innovative Program of the Year Award for his summer treatment program, and he also received the organization's Hall of Fame Award.

Pelham has served on the CHADD Scientific Advisory Board, on several editorial boards, and for the grant review panels of the NIH, the National Science and Engineering Research Council of Canada, and the MacArthur Foundation. He was a presenter in a Congressional briefing on children's mental health, and is a Scientific Advisory Board Charter Member for the NYS Office of Mental Health, Division of Children and Families.

The community outreach programs that Pelham initiated have made an impact locally, nationally and internationally. He has presented more than 200 local in-service training workshops free of charge to educators, health and mental health professionals, and parents in New York State, as well as in other states. He has chaired numerous continuing education conferences and presented workshops at national and local venues aimed at educating clinicians and therapists in the best treatment strategies and practical management for ADHD.

"These types of outreach programs bring the translational medicine component of Bill's work to the health-care professionals, as well as directly to parents and children, in our community," said Laychock. "The quality of life for the children who suffer with ADHD and their families is improved by the knowledge that his seminal research findings have uncovered. Parents come from all over the country to enroll their children with ADHD in his summer camps and other treatment groups."

"Bill Pelham is an outstanding Stockton Kimball Awardee," concluded Laychock. "He is an extraordinary scholar and an excellent citizen—on the world, national and local stages. He elevates UB to a high level of respect in many scholarly circles." **BP**

## THE ROBERT S. BERKSON, MD, AWARD IN THE ART OF MEDICINE recognizes excellent patient care and teaching provided by volunteer physicians specializing in internal medicine.

THE 2008 AWARD was presented to **Thomas Scanlon, MD '69**, and **Angelo Rizzo, DO**, both of whom are volunteer faculty in the Department of Medicine.

In 1990, Rizzo and Scanlon became teaching attendings in the Outpatient Department at Millard Fillmore Hospital, where they served as preceptors for residents. When the Millard Fillmore Medicine Residency Program was integrated into the central UB residency training program in the 1990s, both continued their precepting functions.

Rizzo and Scanlon were exemplary role models for the residents. They provided quality care to patients, demonstrated the highest level of professionalism and were excellent teachers who ensured that the residents were well prepared in all aspects of ambulatory care medicine. In large part due to their efforts, ambulatory care rotations at the Millard Fillmore Hospital site were much sought after by residents.

Their activity at the Millard Fillmore Hospital—and, most recently, at the Kaleida Health's Hertel-Elmwood Ambulatory Care site—continued until early in 2008, when the clinics were restructured.

The Department of Medicine is grateful for their 20-plus years of excellence in training internal medicine residents and students in ambulatory care. They have been the "unsung heroes" of ambulatory care training and this award is intended to recognize their service.

## THE JOHN P. NAUGHTON AWARD, which recognizes a non-faculty individual who has made significant contributions to the School of Medicine and Biomedical Sciences, was established in 2000 by John Naughton, MD, dean of the school from 1976 to 1996. "Such an individual," the award states, "is one who, day in and day out, in his or her own quiet way, makes our school, with its affiliated teaching hospitals, a stronger, healthier and happier place for the rest of us to learn, work, conduct research, provide patient care and teach."

THIS YEAR'S RECIPIENT of the Naughton Award is **George Anderson**, who served as staff associate to the chair of the Department of Internal Medicine from 1972 to 2008.

In this capacity, Anderson assisted the chair with all faculty and hospital-related administrative functions for the department. In addition to working to resolve resource and funding challenges—something at which he was particularly adept—Anderson also played a major role in coordinating research funding and grant applications and was instrumental in the establishment of the department's faculty practice plan.

Anderson, who retired in April 2008, was a respected and valued confidante to the chairs he served, and was highly regarded by faculty and staff for his competence, as well as for "always being a gentleman in his interpersonal interactions."

"The real credit for my administrative career," says Anderson, "should go to the four chairs of the Department of Internal Medicine who provided leadership and shaped the department over the course of my career—Dr. Evan Calkins (who hired me); Dr. James P. Nolan; Dr. Robert Klocke; and the current chair, Dr. Alan Saltzman—all of whom are still involved in the medical community in Western New York. They allowed me the opportunity to grow professionally so that my career was not just a position, but an ongoing 'educational experience.'"



Anderson