Improving Parenting Skills and Strategies by Engaging Fathers of Children with ADHD in Behavioral Parent Training

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INTRODUCTION

Behavioral parent training (BPT) is an evidence-based treatment for attention-deficit/hyperactivity disorder (ADHD). However, adherence to BPT programs is often poor, and the reasons fathers discontinue or attend sporadically are unclear. This study examined the effectiveness of a novel father training program designed to increase fathers' participation. BPT is an evidence-based treatment for ADHD, which is effective when fathers are involved. However, adherence to BPT programs is often poor, and the reasons fathers discontinue or attend sporadically are unclear. This study examined the effectiveness of a novel father training program designed to increase fathers' participation.

PARTICIPANTS AND SETTING

The COACHES program was piloted using a pre-post design. Father ratings were collected before and immediately following the eight-week COACHES program. The COACHES program was designed to help fathers improve their parenting skills and strategies by engaging in a recreational, sports activity within the context of BPT. The program was developed based on the premise that including a sports component in a parenting program would increase the palatability of the program to fathers. The COACHES program was piloted using a pre-post design. Father ratings were collected before and immediately following the eight-week COACHES program.

RESULTS

The COACHES program was piloted using a pre-post design. Father ratings were collected before and immediately following the eight-week COACHES program. The COACHES program was designed to help fathers improve their parenting skills and strategies by engaging in a recreational, sports activity within the context of BPT. The program was developed based on the premise that including a sports component in a parenting program would increase the palatability of the program to fathers. The COACHES program was piloted using a pre-post design. Father ratings were collected before and immediately following the eight-week COACHES program.

MEASURES

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DISCUSSION

The COACHES program was piloted using a pre-post design. Father ratings were collected before and immediately following the eight-week COACHES program. The COACHES program was designed to help fathers improve their parenting skills and strategies by engaging in a recreational, sports activity within the context of BPT. The program was developed based on the premise that including a sports component in a parenting program would increase the palatability of the program to fathers. The COACHES program was piloted using a pre-post design. Father ratings were collected before and immediately following the eight-week COACHES program.

REFERENCES


